

Jodi Silverman

KEYNOTE SPEAKER | MINDSET
COACH | PODCAST HOST

Jodi Silverman is a keynote speaker, mindset coach, and podcast host who helps audiences navigate life's transitions with courage, clarity, and confidence. Through her signature blend of storytelling, humor, and actionable tools, she empowers people to stop waiting for "someday," silence self-doubt, and boldly step into their next chapter.

After building a thriving community of women through **Moms Who Dare®**, Jodi expanded her mission to the stage - speaking at corporate events, women's conferences, and leadership retreats across the country. Her programs inspire audiences to reframe challenges, reclaim their joy, and dare more in every area of life. Whether she's keynoting, emceeing, or leading an interactive workshop, Jodi creates energy, connection, and momentum that audiences feel long after the event.

Featured In



Signature Topics

Reclaim Your Joy

Break free from "someday" thinking and create more confidence, ease, and fulfillment—right now.

The Power of Self-Talk

Learn to silence the inner critic, rewrite your internal narrative, and lead yourself with clarity and strength.

From Transition to Transformation

A proven framework for navigating change and turning uncertainty into opportunity.

The Vision Board Experience

A hands-on, high-energy experience that brings goals into focus and sparks meaningful, inspired action.

Let's Connect

jodi@momswhodare.com

(215) 872-9398



@jodi_silverman