



From Transition to Transformation

One D.A.R.E. at a time.

Description:

This empowering and energizing keynote invites women to pause, reflect, and reconnect with what lights them up. Using her signature D.A.R.E. Method - Decide, Awaken, Reimagine, and Experience, Jodi guides the audience on a journey back to themselves. It's more than motivation - it's a mindset shift. Get ready to reclaim your joy and Dare On™.

Audience Takeaways:

- Decide to prioritize themselves without guilt and reclaim their worth, choosing self-respect over self-neglect
- Awaken to what they truly want - not what the world expects and reconnect with their own desires and direction
- Reimagine and experience a life filled with purpose, confidence, and joy, grounded in who they are and what they're meant for

Why Jodi:

With infectious energy, humor, and heart, Jodi creates instant connection with every audience. As a speaker, coach, and host of the Dare On with Jodi podcast, she empowers midlife women to dare more, doubt less, and live fully - starting right where they are.

Let's Connect

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